

FOR IMMEDIATE RELEASE February 29, 2016

What:	en Route! A Touring Dance Project
	Collaborative touring project between Light Switch Dance
	Theatre and Next Reflex Dance Collective
When:	Saturday , March 12 at 7:30pm
Where:	The Hurley Convergence Center Digital Auditorium
	University of Mary Washington
Cost:	Tickets: \$10 General ; \$5 Artist/Military(with ID)/Child ;
	\$3 Student with ID
Info:	703-927-0073 or <u>www.nextreflex.org</u>
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en Route! A Touring Dance Project

Next Reflex Dance Collective in collaboration with Light Switch Dance Theatre present en Route A Touring Dance Project, a one-night dance event at the Hurley Convergence Center's Digital Auditorium on the campus of University of Mary Washington in Fredericksburg, VA. The performance is a collaboration between local Fredericksburg dance artists and artists from Northern VA and MD. Homegrown artists include Semilla Cultural, Dance Matrix, J. Dance Kollective and the University of Mary Washington Dance Company. Six exciting works make up this diverse and exciting dance program.

The program opens with the sounds of **Semilla Cultural** embracing Puerto Rican culture and art through their work "Puerto Rican Bomba! Talking to the Drum." The audience will enrich their knowledge of Caribbean music and style, and the influence Africa had in Puerto Rico through this music and dance. Sandra Atkinson of **Light Switch Dance Theatre** presents "**NEST**" a multi-disciplinary piece using contemporary dance, visual art, and music to investigate the concepts of home and nesting. **NRDC's** performance of a new work "**Jump In**," will prove to be a high impact, fast and fun piece inspired by the children's poetry book "Life doesn't frighten me" by Maya Angelou. Original musical composition and performance by Nate Masters. **J. Dance Kollective** presents "Meant to Be," a stunning and meaningful trio by their pre-professional dance company. **Dance Matrix** premiers "Walking the Red Road," exploring the spirit of finding ones self. **The University of Mary Washington** presents two pieces by their dance company. The evening of performance is followed by a brief interview with the artists about their work.

Take in an evening of diverse work, live music, exciting dancing and moving choreography, *en Route, a Touring Dance Project* in Fredericksburg, VA, **7:30pm** Saturday, March 12, 2016, at the Hurley Convergene Center's Digital Auditorium at the University of Mary Washington, Fredericksburg, VA. *Tickets are* \$10 General;



\$5 Artist/Military(with ID)/Child ; \$3 Student with ID at <u>https://www.artful.ly/store/events/8464</u>

en Route! is a touring dance project that facilitates performances for local artists in areas that Next Reflex Dance Collective selects each year. The company works on a collaborative level with the community's theaters and artists to produce a one or two night performance offering an array of accessible work targeting a new to dance audience. Such Collaboration builds local awareness and generates interest in the dance scenes in these locations. Audiences are not only exposed to the work of their own local artists but also from artists of other communities who are involved in en route! that year. Since 2007, en Route! has toured throughout Maryland, Virginia and West Virginia.

~Presenting Companies ~

Next Reflex Dance Collective is a 501(c) 3 non-profit organization based in Northern Virginia. Artistic Director Roxann Morgan Rowley centers the collective around collaboration and providing a venue for more artistic voices in the Metro DC dance community. Since 2006, NRDC has been presented throughout the region by multiple venues and festivals including The DC Dance Festival, The Charlotte Dance Festival, The DUMBO Dance Festival, The Goose Route Dance Festival, The DC Improvisation Festival, Jane Franklin's Dance Sampler, Mason/Rhynes Productions "Late Night Series", The American Dance Institute, Dance Place, The Harman Center and The John F. Kennedy Center for the Performing Arts. NRDC's "en Route! a Touring Dance Project", facilitates performances in collaboration with local artists in select locations each year, and has been presented in Harrisonburg, VA, Richmond, VA, Mt. Rainier, MD and Huntington, WV. NRDC has received support from the Arts Council of Fairfax County, The Puffin Foundation, the Arts Council of the Valley, the DC Commission for the Arts and Humanities and the Virginia Commission for the Arts. Next Reflex Dance Collective is the proud recipient of the 2009 Metro DC Dance Awards "Founders Awards."

Light Switch Dance Theatre (est. June 2013) is a sites- specific project based contemporary dance company dedicated to multi-disciplinary performances in non-traditional spaces. Sandra C. Atkinson, MA (Founder/Artistic Director) creates work in a collaborative manner inspired by the human condition, social justice, matters for science & technology and art of all mediums. LSDT strives to provide performances to the general public making any place a performance space. http://lightswitchdance.wix.com/lsdt